

## Troubleshooting The Secret

### Do What Thou Wilt Shall Be The Whole Of The Law!

Most people interested in the new age and various aspects of metaphysics are familiar with the principle of "like attracts like", also known as the law of attraction. In short, the law of attraction states that like things come together through a type of harmonic resonance of energies, that similar vibrations attract others of similar mental / emotional frequencies, that not only "birds of a feather flock together", but even entire situations can be brought into manifestation in one's life through the application of this law; by attuning one's own energies to what one desires through such exercises as meditation, positive thinking, and visualization, individuals are able to draw themselves almost magnetically or miraculously into a desired situation or outcome.

Following this train of thought, one also encounters a classic pitfall of the positive thinking cults: that if something doesn't go your way, you weren't praying / meditating / visualizing / spell casting properly. An even worse consideration is the notion that if something negative or awful happens, people blame themselves or innocent others for unknowingly drawing it into manifestation. This nonsense and unfounded paranoia has its roots in the philosophy of pure subjectivity and if no one troubleshoots this issue, I fear that the proverbial baby may be thrown out with the bathwater. I feel as though "the secret", the law of attraction, can only be defended by being understood, and in the light of recent synchronicities I have been witness to, I feel the need to set forth some speculation on why things don't always go your (or my) way without chalking it up to the cop out of "well, that's life and shit happens."

There is no such thing as coincidence. There is a cause and effect for even the most dynamic of principles. I am not going to enter the debate of whether there is divine presence guiding any of it or attempt to give a solid definition of the divine, I will leave that up to the individual because it's not my business, or anyone else's for that matter, to tell others what to believe. I make it my business, however, to offer some small speculation on metaphysical cause and effect.

Several assumptions must be made in order to render "The Secret" plausible, and they closely parallel hermetic philosophy which teaches that the universe is mental in nature and that it is within man's natural ability to alter it through the focus and control of his own mind. This is not to say that the universe is the divine All, but rather to say that the universe is akin to \*a thought within the mind of the divine All\*, within the Infinite Living Mind. The philosophy follows that man is but a miniature of this Infinite Living Mind and that his thoughts could be likened to miniature universes of his own; he possesses a parallel of the creative power. Through realizing states of transcendental consciousness through various means, most commonly through visualization and active imagination, man can transcend his physical limits and tap into the greater reservoir of macrocosmic power to create his

will on earth, that same power which lies at the root of the causation of the universe has a point of contact within the individual.

Hence, the individual with the secret knowledge (gnosis) of this energetic source can influence events before they happen directly from the causative plane of existence.

Several major beliefs that hinder the law of attraction from working are: the belief in lack, the refusal to accept the reality of a situation (denial), attempting to manifest something which you do not truly desire, and the misdirection of energy from the task at hand to the ego.

They all have one fundamental characteristic: a misdirection of energy. There is always plenty of energy to go around, but it will manifest as something undesired if directed improperly. Very often people will try a spell and say "Nothing happened! It's a bunch of BS!" *Something always happens, according to the law of the conservation of energy; it can neither be created nor destroyed.* In other words, the energy was there, but it probably was misdirected somehow into something you weren't aiming for and therefore didn't notice and so you say nothing happened, nothing changed, it's a bunch of mumbo jumbo. The reality is that something did change, just not what you were aiming for...work on the aim.

The belief in lack hinders the law of attraction from functioning by misdirecting energy into a belief in what is not there; the desire and "lust of result" is focused on and obsessed over to the point that it misses the goal and reinforces the problem that created the desire. In short, it causes the initial desire to reinforce the cause for its own existence; the problem. It can be difficult to describe without being repetitive, but it really is a reflexive principle of sorts. The energy is actually feeding into the *\*idea of the lack of the idea\** and perpetuating more of the same; it is a very simple and yet very destructive and ensnaring type of thought-form. I have observed this with people who should have no trouble finding a date and yet they repeat to themselves and everyone else over and over "I can't get a girlfriend. I'll be single forever. But...I WANT IT I WANT IT I WANT IT...." By affirming that you *\*want\** something, you are also silently affirming that indeed you do not *\*have\** it...because if you *\*had\** it, you would not be experiencing the *\*want\**, you would instead be experiencing the satisfaction and joy it would bring you, which would be the proper feeling to focus on when meditating or spell casting.

Before moving on to the next one, I want to take a little time to demonstrate how troubleshooting the belief in lack can be taken too far. There is a segment in the movie "The Secret" which is a perfect example of this kind of idealism taken to ridiculous and unrealistic extremes: A man desperately needs money and properly visualizes himself with his bills paid on time and himself living in affluence. Shortly thereafter, he proceeds to walk out to his mailbox where, who would have guessed, there's a check waiting for him with the exact amount that he needed. Uh huh, yea, I bet there was.

Perhaps the only people who this happens to are the ones who produce the movie and sell it for \$29.95! There is a thing called physical action and it is just as important. I am not trying to strip it all down to bare bones psychology and present a philosophy of positive thinking followed by right action which will get the job done, because of course it will! That's called work ethic, not magick! The true law of attraction does work on more than just the physical level, but money will not begin growing in your garden (unless you have one of those very illegal gardens!), it will not begin raining man (hallelujah!), and your voice will not be heard if you never speak up. A good example from my own life regarding a visualization for a quick money fix would be the time I did happen to get a tax rebate \*very\* early as a result of receiving my W2 forms in the mail \*unusually\* early, or another occasion when I just happened to stumble across some old antiques I had been saving for no particular reason and I soon discovered that they were worth quite a bit of money (which I previously had no idea), and I promptly and happily cashed them in.

Ultimately, all planes, spiritual, mental, emotional, and physical must work together. The art of magick is not some deal with the devil anymore true than the notion that god is Santa Claus. If that were the case, we would have all won the lottery by now. Any good book on the occult or just basic visualization will report that the most effective way to cast a spell or make something happen which normally wouldn't is to clarify your intention, make sure you truly desire it, perform the symbolic act (the spell or meditation), and then follow through with the next appropriate physical action. Someone could put out 20 resumes, follow up with a visualization and get 17 calls back for interviews on Monday which would be a bit abnormal to get such a quick and overwhelming response (hmmm, how'd it happen? Coincidence they say...), but if they don't go to the interview what was the point? It's the same, and it is one tool of many...like one of a mechanic's tools, one tool cannot fix every problem that could occur on the car, and one spell or technique is not going to be the panacea for someone's life. That's the end of my harsh lecture that the magical arts are not the solution to everybody's problems, and it just so happens to lead me to my next point...

The refusal to accept the reality of a situation hinders the law of attraction by not allowing the release of old energy patterns in order to make room for the new. There may be infinite energy and perhaps even infinite space, but in certain situations in life there is only so much room. One cannot attract anything new if all their energy is being soaked up by what they don't desire; they attract the same patterns in different forms (or faces) over and over again. Ever hear this story? Someone you know is in an unfulfilling relationship, they complain and complain, but never end it even when they know it's past the point of repair because they don't want to be alone. They can't close the door because they would rather suffer on with it than risk being alone, even if the price they're paying is being untrue to their self as a result. Not to sound too much like Dr. Phil here, but I want to use it as an example of old energy patterns. New patterns can't emerge for as long as that person clings to the past; the door must close first. Massive energy is freed as soon as the door closes, as soon as the person accepts the reality of the situation and chooses to make a move. After

that, it's a choice of what new door to open.

The key here is being able to realize what "forms" the energy is going into. Having a really fucking bad day? Take a minute and try to fathom how much energy there must be in order to make your day \*that fucking bad\*. It is not a lack of good, it's a shitload of bad! THAT MUST BE A SHITLOAD OF ENERGY TO MAKE IT THAT BAD! Here's the most difficult as well as the most important part: Wake up and realize that you can harness all of it, transmute it, change it, shape it, and send it back out to manifest something you want. That's a lot of power...and it's also one of the most difficult things to do, even for myself. But it can be done, and it can only be done through the opposite of denial, which is by \*first\* accepting and acknowledging the forces around you, finding a quiet place and temporarily separating your awareness from your troubles, and then bending it to the good feelings you want to manifest...of course, energy is amoral (meaning that there is no moral judgment one way or another), and indeed it can be harnessed and bent towards not-so-pleasant energies as well, but the only thing I will say about that is you will be channeling the feelings which you choose to react to...a word to the wise, or foolhardy...if you have ears...hear.

Attempting to manifest something which you do not truly desire hinders the law of attraction from functioning because feeling and desire are the fuel and forces which bring all things into reality. Ever try really hard at something that just wasn't worth it? And it didn't work...or maybe it did work but it really didn't matter in the end because you didn't care that much so you gave up on it anyway? Yea, the universe feels the same exact way about half-assed wishes, prayers, and spells. Things that happen through a type of occult magnetism essentially *cannot happen if there is no magnetism, and what creates that magnetism is the potency of your feelings*. It cannot be stressed enough to make sure you know what you want before you begin, because if you change your mind you will be able to send a reverse current to attempt to neutralize what you have done, but no energy which is sent out can ever be taken back. Our deeds are written upon us.

Those with a bit more experience at this point may agree with the statement that it is not usually a question of whether or not you could do something, but whether or not you \*should\* do something.

The misdirection of energy from the task at hand to the ego is quite possibly one of the easiest ways to get tripped up when working with the law of attraction. The well known command to "Keep Silent" acts as a psychic safeguard against this mistake, but there has been little explanation as to why. It is a problem similar to the belief in lack. For example, a novice witch casts their first spell, says nothing and forgets about it, and is soon rewarded with the perfect results of exactly what they intended. A short time later, the novice witch attempts their second spell, the ritual / meditation goes very well and they feel so confident from their previous endeavor that they begin to brag to their friends about their magick and what they have recently attempted. From the moment that they intend to open their mouth they are

doomed to failure and they do not even know it. Why? They have unknowingly shifted the intent of their energy.

The original intent, which was intended to accomplish a specific goal, to bring a specific element into manifestation, has switched...to the intent of the novice witch telling their friends and attempting to gain acclaim, fear, or respect (or unknowingly, ridicule). Indeed, the energy has gone somewhere, but it will no longer accomplish the original goal. It will be fed into the minds of all who hear of the novice witch, regardless of whether the gossip is that they are some supernatural and powerful being or some flake who believes witchcraft is real.

All energy is dispersed and all power lost at this point. Even if it is only one person who is informed, it is the underlying intent of the practitioner which ultimately affects the outcome...and if that one person was informed to boost the novice witch's confidence, or yield some kind of emotion or reinforcement, or whatever, the spell is lost, ineffective, and inert. The energy did go somewhere, to the ego, but not to the goal in hand. This is one of the most important meanings behind the command to keep silent.

And so it is said, "The more humble, the more powerful."

There are ways in which to avoid the pitfalls associated with the use of the law of attraction, and they are: deliberately focusing energy into the desired outcome with the feelings that would occur as though it has already come to pass, the ability to transmute negative energy into something neutral to be used towards one's own intentions, the ability to truly let go of negative energies and situations and be able to trust that the universe can provide you with what you desire without fear, and the ability to keep silent about your intentions without grandiosity or pompousness.

"To Know, To Will, To Dare, To Keep Silent." These are the four powers of the witch, and of the Sphinx.

With this knowledge, it is my hope that those who hear it can better assist in creating a new and better world and assist the paradigm shift which is occurring. Many people are running into troubles, into circumstances which they cannot fathom why they must experience or undergo them, and to this I say to question your own heart and intentions. It is not you who may cause an atrocity which you encounter, but what does it mean to you? Are you a healer? A comforter? A teacher? A guide? Why is this message being presented to you? Why does it show up in front of you like a brick wall that you inevitably hit over and over again? Who are you? And if you know who you are, then you will be able to answer the question, "What does it mean?" And when you can answer that, it means everything.

You are here for a reason, and that reason is in the synchronicity which you find. If it says "push me", push back. If it says "comfort me", comfort it. If it says "love me", love back. If it says "destroy me for I am obsolete", destroy it. This last point is probably the most debatable and controversial, but in closing I feel it is

appropriate to quote The Witchcraft by Jack Parsons:

**"Now know that the power that we serve lies in the heart of every man and woman as the tree lives in the seed. And to be with us, you have but to call upon that Power, and you are as one of us. And when our Power and Joy have come upon you, you may go forth and do your will among men, and none shall say you nay. And if it be your will, you shall do your will secretly, and if it be your will, you will do your will openly, as your will.**

**Therefore lift up your hearts saying, "I am a man" or "I am a woman, and the Power of Life is mine!" And in the Power of Life you shall live and love, accepting no restriction and placing no restriction, freely and granting freedom. And it may be in the bounty of life you shall see the love of life shine in the eyes of another, and the lust of life burn upon his brow, and thus you shall take great joy together. And it may be in good fortune you may find a number such; and share your joy in secret feasting and rejoicing and all manner of lovemaking and festival. Or it may be that at hazard and danger you will teach the joyous power to men; as your wills move you.**

**And this is well so long as you remember one thing. There can be no restriction. The Power of Life is not restricted; it knows its own way, but no mind knows that way. Therefore in yourself practice all the giving and taking of freedom that is consistent with life, for thereby alone can you remain in our joy.**

**Pain is. Terror is, loss and loneliness and agony of heart and spirit, even unto Death. For this is the gateway to the kingdom of Pan.**

**Our way is not for all men. There are those who are so constricted and sick in themselves that the thought of their own freedom is a horror, and that of others a fierce pain; so that they would enslave all men. And these you should shun, or, if you must, destroy them as you will know how, for this also is bounty."**

Some of the synchronicities I have recently witnessed have prompted me to write this...even if perhaps it is just a synchronicity for my own growth, I intend to make it more than that, and I hope that some are able to gain some knowledge and power from it, and use it for good.

Remember: It takes less than 1% of a population to affect a collective paradigm shift.

"Even a few witches may sink a fleet."

"Honor not those who merely have power. Honor those who have power and use it for good."

"With thy right Eye create all for thyself, and with the left accept all that be created otherwise!"

Love Is The Law, Love Under Will